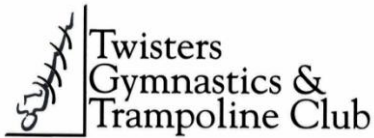


SPRING FLING 2019 WOMEN'S LEVEL 3 - 5 QUALIFIER AND 1, 2, 6 INVITATIONAL

CALL TO MEET



APRIL 25 TO APRIL 28, 2019
TWISTERS GYMNASTICS AND TRAMPOLINE CLUB
"SPRING FLING 2019"
ONTARIO COMPULSORY QUALIFIER LEVEL 3 TO 5 AND
INVITATIONAL LEVELS 1, 2 AND 6 TO 9



HOST CLUB	Twisters Gymnastics and Trampoline Club 275 Alder Street Orangeville, Ontario L9W 5H6 519-942-2477 www.twistersgymnastics.ca
MEET DIRECTOR	Corena Francoeur twisters@bellnet.ca 519-942-2477
GO LIASON	Gymnastics Ontario Audra Sederavicius Phone : (647) 344-5137 E-mail : wag@gymnasticsontario.ca Website: www.gymnasticsontario.ca
COMPETITION VENUE	Twisters Gymnastics and Trampoline Club Alder Street Recreation Centre 275 Alder Street Orangeville, Ontario L9W 5H6
REGULATIONS	As per the Gymnastics Ontario Technical Rules and Regulations Manual Warm Up Format: OCP Warm Up (formerly known as Option 2) Music: Music can be in submitted in mp3 format or by an external mp3 device (ie. IPod), USB. All music must be clearly labelled on device. For Level 1-5 event, the compulsory music (all three versions) will be provided by host club. The default version will be the piano version (unless otherwise requested). Awards: For Events and All Around (1 st to 3 rd Medals, 4 to 10 th Ribbons). No Bumping of places for ties.
LEVELS	Level 1-9 (Ages 7+), Qualifying competition for Level 3-5 (Ages 9+)
REGISTRATION	Registration Deadline: December 1, 2018 Fees: \$90.00 Method of Payment: Club Cheque made payable to Twisters Gymnastics Level Changes/ Withdraws: February 28, 2019

	<p>Refunds: No refunds will be issued for withdraws submitted after February 28, 2019 without a doctor's note.</p>
<p>MEDICAL</p>	<p>First Aid Certified Personnel On-Site.</p> <p><u>Gymnastics Ontario sanctioned events are NOT guaranteed to be Peanut/Tree Nut Free events.</u></p> <p>Attendees are asked not to bring peanuts, peanut products, or products containing traces of peanuts or tree nuts into the gymnasiums/venue and/or change rooms where participants are present. Host clubs have been asked to refrain from serving/selling items with peanuts, peanut products, or products containing traces of peanuts or tree nuts at this event. Gymnastics Ontario asks for your assistance in supporting an inclusive environment for all participants.</p>
<p>COACH REQUIREMENTS</p>	<p>Every coach requiring access to the competition floor must be in possession of their Coach ID. As such all coaches are strongly advised to make sure their Photo ID is updated and must present it at the coach's registration desk at every competition they are attending.</p> <p>Please see coaching requirements for floor access: http://www.gymnasticsontario.ca/coaching-requirements/</p> <p>Provincial Coaches must be fully certified <u>NCCP Level 2 Women's Artistic or Competition Introduction 1 (with MED)</u> and have up to date <u>Risk Management certification (Part A: Risk Management & Part B: Respect in Sport)</u> to be eligible for the competition floor.</p> <p>National Coaches must have their NCCP Level 3 Theory and Technical (minimum) in addition to their NCCP Level 2 certifications.</p> <p>In case of a lost, stolen or forgotten ID, coaches will be required to sign form number CP001 stating the coach does have the minimum certification for verification. The host club registration desk will have this form available.</p> <p>If need to request a coaching ID please visit the GO website: http://www.gymnasticsontario.ca/education/coach-ed/coach-id-application/</p> <p>It is the club's and individual coach's responsibility to ensure they have the correct certifications and coaching ID for competition. For further NCCP or Coaching ID information, please contact the Education Coordinator, Danielle Hilliard at education@gymnasticsontario.ca.</p>
<p>ACCOMMODATION</p>	<p>Best Western Orangeville Inn and Suites 7 Buena Vista Drive, Orangeville, Ontario 1-866-216-1988 www.bestwesternorangeville.com</p> <p>The participants must pay for their accommodation costs.</p>

ADMISSIONS		1 Day	2 Days	3 Days
	Adult (16 years of age and older)	\$8	\$14	\$20
	Student (11 to 15 years of age)	\$5	\$8	\$11
	Senior (55 years of age and older)	\$5	\$8	\$11
	Child (10 years of age or younger)	\$3	\$5	\$7
	Family (2 Adults and 2 Students/Children)	\$20	\$35	\$50
	All Athletes competing in the Competition are not required to pay an admission fee throughout the weekend.			
ADDITIONAL INFORMATION	<i>Directions to Competition Site (Map and Written Directions)</i> Hwy 10 North to County Road 109 (Riddell Road), turn left. Follow County Road 109 to 5th set of lights and turn right onto Alder Street. The Alder Street Recreation Centre is located on the left hand side. Walk through the Rec. Centre past the pool and down the ramp to Twisters.			

